

# Welcome to an Adventure!

**Cradle Amazing Race** 

"I decided that adventure was the best way to learn..." Lloyd Alexander

"It is only in adventure that some people succeed in knowing themselves - in finding themselves." André Gide

Innovative Teaming Solutions t/a Corporate Adventures Ck 2009/065846 / 23 Visit us at <u>www.corporateavdenture.co.za</u> Thank you very much for affording us the opportunity to provide you with an Amazing Race Proposal for your team.



The Cradle Amazing Race is a stunning option that allows the team to see some of the best venues on their doorstep.

Please see detail and costing below.

## **Theme**

We can theme the race to align with your vision and mission, or any other theme you prefer. Alternatively, we use a "Mission Possible" theme for our standard package

## **Logistics:**

Our programs are tailor made and flexible to suit your requirements. The programme below details a half day amazing race, starting at 09h00 at the Sterkfontien caves and ending at a mystery venue between 12h00-13h00.

## The Race

An ice breaker gets the group excited about the adventure ahead.

- The group would be split into teams of 4/5 people per team and will start together at the chosen start venue. They will be briefed and provided with a vehicle (Optional), GPS, Map and compass and will be coached on the use of the equipment.
- Each delegate will also be issued with a snack pack for the day.
- Each team will receive a starting puzzle, which once solved will allow them to begin the race. The teams will then follow a course where they may meet up with other teams.

## **Destinations:**

• Race around the Cradle Venues:

## Maropeng (visitor centre for the cradle of human kind)

Upon arrival, a huge ancient burial mound (the Tumulus) comes into sight and from there on its one thrilling experience after another as the secret to our ancestry is revealed. The underground boat ride leads to 2500m<sup>2</sup> of underground exhibition space that brings the history of humankind alive by way of exciting exhibits that are entertaining, educational and interactive.

**Sterkfontein Caves:** After an extensive face-lift, improved access into the caves, new walkways and a boardwalk past the excavation site where world-acclaimed fossils have been discovered. The new scientific exhibition centre show-cases a reconstruction of a mined versus a pristine cave, cave formations and geologies, early-life forms, mammals and homo-fossils, specific finds such as Mrs Ples, the Taung child and Little Foot as well as details of fossilisation, paleobotany and landscapes.







The tours at the Sterkfontein Caves run every half hour, seven days a week

## Lesedi Cultural Village

The morning program at 11H30 is known as the Monati experience and the late afternoon program at 16H30 is known as the Boma experience. Both experiences follow the following program:

Arrive in our car park to a vibrant traditional African welcome and a refreshing welcome drink;

Browse in our Ndebele village and African craft market where Ndebele murals decorate the walls and courtyard;

Attend a multi-visual theatre presentation on the history and origin of our peoples; Guests are divided into smaller groups and taken on a guided tour of four homesteads – Zulu, Xhosa, Basotho and Pedi;

## The Rhino & Lion nature reserve.

The Rhino & Lion Nature Reserve is a privately owned, non-subsidised game reserve, covering approximately 1 600 ha on the typical highveld of Gauteng. The reserve is situated in the "Cradle of Humankind", a declared World Heritage Site, about 40 km north-west of Johannesburg and 60km east of Pretoria

#### **Wonder Caves**

The third largest cave chamber in South Africa, on the doorstep of Mogale City, is the Wonder Cave, and it is aptly named.

The cave is beautiful. After going down 87 steps, then a further 18 metres down a cranky lift, you step into a wonderland of twirled and ice-cream cone rocks, subtly lit to transform them into a magical underground world.

The original Wonder Cave is between five and 10 million years old, but the shape one can see now is 1,5 million years old, formed when an earthquake triggered a huge collapse of the roof along a fault line, creating a cave 125m long and 154m wide. In total it is 46 000 square metres in size, filled with up to 14 different stalactite and stalagmite formations, 85 percent of which are still growing.

## **Shades of Ngwenya**

This lovely glass blowing factory is the hub of the Ngwenya Glass Village, a glass wonderland where you can watch the ancient art of glassblowing at work and buy fabulous handmade recycled glassware.





Play with the cubs come and have your photo taken with all the baby animals at the chreche.





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## Keeping Safe:

There will be time penalties for example if anyone exceeds the speed limit or turns off their GPS and immediate disqualification for any team observed drinking and driving, or exceeding the speed limit over a certain amount (As per metro laws).

## The destination clues

The clues to each destination would be one of two categories

- 1. Map reference either by GPS coordinates, or printed small window of a map.
- 2. A cryptic clue based on the history or geography of the area, or well known landmark.

#### **Challenge Activities**

Challenge activities will involve some of our fun, popular team based activities, or a treasure hunt/orientation around the venue.

## **Vehicles:**

Based on your requirements and budget, a Toyota Avanza can be hired per team, which would comfortably accommodate 5 people. Designated drivers would need to please send through valid driver's licenses prior to the event



#### **Facilitators**

Corporate Adventures will provide a team of facilitators for the event:

- 1 overall program manager with a vehicle
- 1 facilitator per waypoint depending on the activities

#### Prizes:

The winning team is the first one to solve the final cryptic clue and reach the final destination. Prizes will be awarded to:

• First team to finish the race



# Sample Program:

Amazing Race Program						
09:00 to 10:00	Briefing, Team allocation at the starting venue and issue of equipment.					
10:00 - 11:00	Way Point 1	Team 1 & Team 2	Team 3 & Team 4	Team 5 & Team 6	Team 7 & Team 8	Team 9 & Team 10
11:00 – 12:00	Way Point 2	Team 3 & Team 10	Team 5 & Team 2	Team 7 & Team 4	Team 9 & Team 6	Team 1 & Team 8
12:00 – 13:00	Way Point 3	Team 5 & Team 8	Team 7 & Team 10	Team 9 & Team 2	Team 1 & Team 4	Team 3 & Team 6
13:00	Finish point at mystery venue					

I trust that this proposal addresses fully the requirements you expressed, and that it contains all the detail you require. Should you wish to discuss any aspect of the proposal with me, please do not hesitate to contact me at any time convenient to yourself.

## Warm regards

## Talana Abrahamse

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